

The Monticello Woman's Club is pleased to announce a special program on Martin Luther King Day, January 21, 2019, at 6:30 pm, presented by Jo Ann Pugh. The meeting will be held at the beautifully restored Coach House on North Main Street (located between the Help Pregnancy Care Center and the white house at 250 North Main Street), Monticello, which venue is courtesy of Sabrina and Danny Flynn.

Ms. Pugh is a Monticello native who now resides in Plano, Texas. She holds an associates degree in nursing from the University of Kentucky, and a bachelors degree in business management from the University of the Mount Saint Joseph in Cincinnati, OH. She has had a successful career in business, working in key leadership roles in Fortune 100 and 500 companies. When son Jordan Pugh determined to pursue a career in the National Football League, Ms. Pugh became his manager. Jordan Pugh graduated from Texas A & M in just three and one-half years, and has since played for the Carolina Panthers, Washington Redskins, and the New Orleans Saints.

In the course of assisting her son, Jo Ann learned of the challenges athletes face, on and off the field, from high school, to college, and into the professional leagues. Jo Ann was inspired to become a much-needed resource for these athletes and their families. She notes "The NFL is a means to an end but it is not the end. The day you get drafted is the day you should start preparing for life off the field."

Ms. Pugh is the founder of 50-Yard Line Mom<sup>®</sup>, a movement dedicated to helping families of athletes pursuing professional sports. She is an advisory board member for the Football Players Health Study at Harvard University in Boston, MA.

Ms. Pugh is a sought-after speaker who has given presentations to the National Football League, the National Football League Players Association ("Beyond the Physical: A Symposium on Mental Health in Sports"), ESPN and the Women in Network. She and her husband, Chuck, live in Plano, Texas.

To learn more, visit [50yardlinemom.com](http://50yardlinemom.com) and on Facebook.

Ms. Pugh is expected to speak on matters of both national and regional import. The community is invited to attend; seating is limited so come early! The Monticello Woman's Club expresses its appreciation to Sabrina and Danny Flynn for making the Coach House available for this event.