

WAYNE COUNTY

Nutrition Services



150 Cardinal Way Monticello, Kentucky 42633

Kathryn Tucker - Nutrition Director
Helen Dalton - Admin. Assistant
Casey Holt - Program Supervisor
Walker Early Learning Center- Tessa Slagle
Bell Elementary- Melissa Gregory
Monticello Elementary- Kacie Burton
WC Middle- Lisa Kammer
WC High- Michelle Lowe

ext. 15141
ext. 15140
ext. 15142
ext. 11012
ext. 12155
ext. 18145
ext. 16064
ext. 14224

INFORMATION



Remember bring your student id card during breakfast and lunch.

All students enrolled in Wayne County Schools for 2021-22 SY will be eligible for one breakfast and lunch meal at no cost under Community Eligibility Provision (CEP).

MENU PRICING BREAKFAST

1st Student Breakfast	Free
Wayne County Staff Meal	\$2.80
Visitor Meal	\$3.00
Breakfast Sandwich	\$1.50
Fresh Fruit	\$0.50
Oatmeal	\$1.00
Cereal 2oz.	\$1.00
Cereal Bar	\$1.00
Muffin or Banana Bread.....	\$1.00
Milk or Juice	\$0.50



LUNCH

1st Student Lunch	Free
Wayne County Staff Meal	\$4.70
Visitor Meal	\$5.00
Entree (Protein)	\$1.75
Soup (Boz)	\$1.50
Vegetable Side	\$0.50
Fresh Fruit	\$0.50
Fruit Cup	\$0.75
Tossed Salad (1 cup)	\$1.00
Large Chef Salad	\$4.70
Milk or Juice	\$0.50



A LA CARTE

Chex Mix	\$1.00
Chocolate Chip Cookie	\$0.50
Cheeze-it	\$0.50
Epic Fruit Juice	\$1.75
Rice Krispie	\$1.25
Side Kick	\$1.00
Sorbet	\$1.00
Popcorn	\$1.00
Chips	\$1.00

All items are Smart Snack Approved under USDA regulations

RISE & SHINE

The Academy of Nutrition and Dietetics says that children who eat a healthful, well-balanced breakfast are more likely to:

- Concentrate better
- Have better problem-solving skills
- Have better hand-eye coordination
- Stay alert
- Be more creative
- Miss fewer days of school
- Be more physically active

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