Kentucky Newsletter
Welcome back to school!! I’m excited to bring you the 1st edition of the Kentucky/ Alliance for a Healthier Generation Healthy Schools Program newsletter. This newsletter includes local success stories, upcoming events, website updates, helpful grant links and more.

Spotlight on Local Healthy Schools Program Schools
This past June, Kentucky had 5 schools receive the National Recognition Award from the Alliance for a Healthier Generation for our efforts to build a healthy campus. They received the award at the Alliance’s Healthy Schools Program Forum in Little Rock, Arkansas where 274 other nationally recognized schools from around the country celebrated as well.
The following schools earned awards this previous school year.
Silver:
Cordia Elementary School (Knott County)

Bronze:
Dennis C. Wooten Elementary School (Perry County)
Knott County Central High School
McBrayer Elementary School (Rowan County)
Russell Independent High School (Ashland, KY)

I would also like to welcome 5 new districts to the Healthy Schools Program here in Kentucky!
Burgin Independent
Fayette County (22 schools)
Madison County
Upcoming Events: Technical Assistance Sessions

Fall TA Sessions are being scheduled! Make sure to keep your eye out for any emails listing the date and time of your districts session. You will want to make sure you attend this session! There are lots of new things happening with our website and you DO NOT want to miss out. In addition to updates with our website, we have also updated our Framework and Inventory questions. If you are interested in looking at these updates then feel free to print off a copy of the Inventory Worksheet to get a head start this fall. NOTE: if your district meeting is in August or September, you will most likely be working off of this worksheet at first until our website is updated. At this moment, the Healthy Schools Builder is unavailable.

NEW to the www.healthiergeneration.org Website

We’re excited to share the release of a new resource that will support your schools’ Physical Education (PE) and Physical Activity programs. Lisa Perry, our Physical Education content manager teamed up with Boston Celtics Captain and NBA All-Star Paul Pierce, who also serves as our National Athlete Spokesperson, to create a video that features Paul demonstrating six fitness breaks for kids. The breaks are short and require no equipment so they are perfect for the classroom and before and after school programs, but they can also be used in PE class or really anywhere kids want to get active.
To view the videos click here- www.YouTube.com/HealthierGeneration Please feel free to contact me if you are not able to view the videos. We are working on ways other than YouTube for viewing.

Miscellaneous News (grant opportunities, community events, reminders)

Grants for Service-Learning Projects to Address Childhood Obesity
Youth Service America and UnitedHealthcare

Description:
Youth Service America and UnitedHealthcare have announced the fourth year of the UnitedHealth HEROES program, a service-learning health-literacy program that awards grants to help youth between the ages of 5 and 25 create and implement local, hands-on programs to fight childhood obesity.
The program invites young people in the United States to become "Health Heroes" by learning about childhood obesity, designing programs to address it, and implementing the programs in their communities. Grants of $500 to $1,000 will be awarded to programs that demonstrate a clear understanding of the health risks associated with childhood obesity; propose creative solutions to fighting obesity in their schools and communities; and can be easily implemented, scaled, and measured. In addition, each grant engages participating youth in service-learning, a teaching and learning strategy that supports student academic achievement and helps students develop their workplace readiness skills. The grants encourage semester-long projects that launch on the Martin Luther King, Jr. Day of Service (January 16, 2012) and culminate on Global Youth Service Day (April 20-22, 2012).
Schools, service-learning coordinators, nonprofits, and students in the health professions located in all fifty states and the District of Columbia are eligible to apply.

Closing Date: October 17, 2011

Link to Full Announcement
http://foundationcenter.org/pnd/rfp/rfp_item.jhtml?id=348500046

School Garden Grants:
Annie's Homegrown is offering up to $250 to community gardens, school gardens and other programs that connect kids to gardening. They donate to schools and non-profit organizations.
http://www.annies.com/grants_for_gardens

Playground Funding:
Interested in sprucing up your playground? Enter your school today in the Learn to Play U.S. Playground Map Stencil Giveaway. The beautiful geographically and proportionately accurate educational map stencil is 16 feet by 27 feet and extends the classroom curriculum to recess and outdoor play. History and geography comes alive with the games and activities included in the stencil set.
http://www.peacefulplaygrounds.com/contest.htm