

Wayne County Nutrition Services



2025 ANNUAL NUTRITION & PHYSICAL ACTIVITY REPORT

A PUBLICATION OF THE WAYNE CO. SCHOOL NUTRITION SERVICES PROGRAM
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The wellness policy requirement (Public Law 108-265, Section 204) was established by the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Reauthorization Act of 2004, and further strengthened by the Healthy, Hunger-Free Kids Act of 2010 (HHFKA). It requires each LEA participating in the National School Lunch Program and/or School Breakfast Program to develop a wellness policy.

School districts wellness policies at a minimum are required to:

- Include goals for nutrition promotion and education, physical activity, and other school-based activities that promote students wellness. In developing these goals, local educational agencies must review and consider evidence-based strategies.
- Include nutrition guidelines for all foods sold on each school campus during the school day that are consistent with federal regulations for school meals and Smart Snacks in School nutrition standards.
- Include policies for foods and beverages made available to students (e.g., in classroom parties, classroom snacks brought by parents, other foods given as incentives).
- Include policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Permit parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and update of the local school wellness policy.
- Identify one or more school districts or school officials who have the authority and responsibility to ensure each school complies with the policy.
- Inform and update the public (including parents, students, and others in the community) about the local school wellness policy on an annual basis.
- At least once every 3 years, measure how schools are in compliance with the local school wellness policy, the extent to which the local education agency's local wellness policy compares to model local school wellness policies, and the progress made in attaining the goals of the local wellness policy. Make the assessment available to the public.

If you are interested in becoming a member of the School Wellness Committee.
Please contact the Child Nutrition Director at 606-340-8684.

Wayne County Wellness Policy- www.wayne.kyschools.us/departments/food-service

SY 24-25 Wayne County Schools Breakfast & Lunch Menu Analysis

	Breakfast	USDA Reg	Lunch	USDA Reg
Elementary				
Calories	496	350-500	626	550-650
% Sat Fat	8.66%	<10%	7.50%	<10%
Sodium	516 mg	≤540 mg	1076 mg	≤1110 mg
Middle				
Calories	518	400-550	627	600-700
% Sat Fat	8.32%	<10%	9.98%	<10%
Sodium	593 mg	≤600 mg	1049 mg	≤1225 mg
High				
Calories	511	450-600	754	750-850
% Sat Fat	8.21%	<10%	8.63%	<10%
Sodium	634 mg	≤640 mg	1265 mg	≤1280 mg

Breakfast and lunch menus may be located at
<https://schools.mealviewer.com/results/wayne%20county>

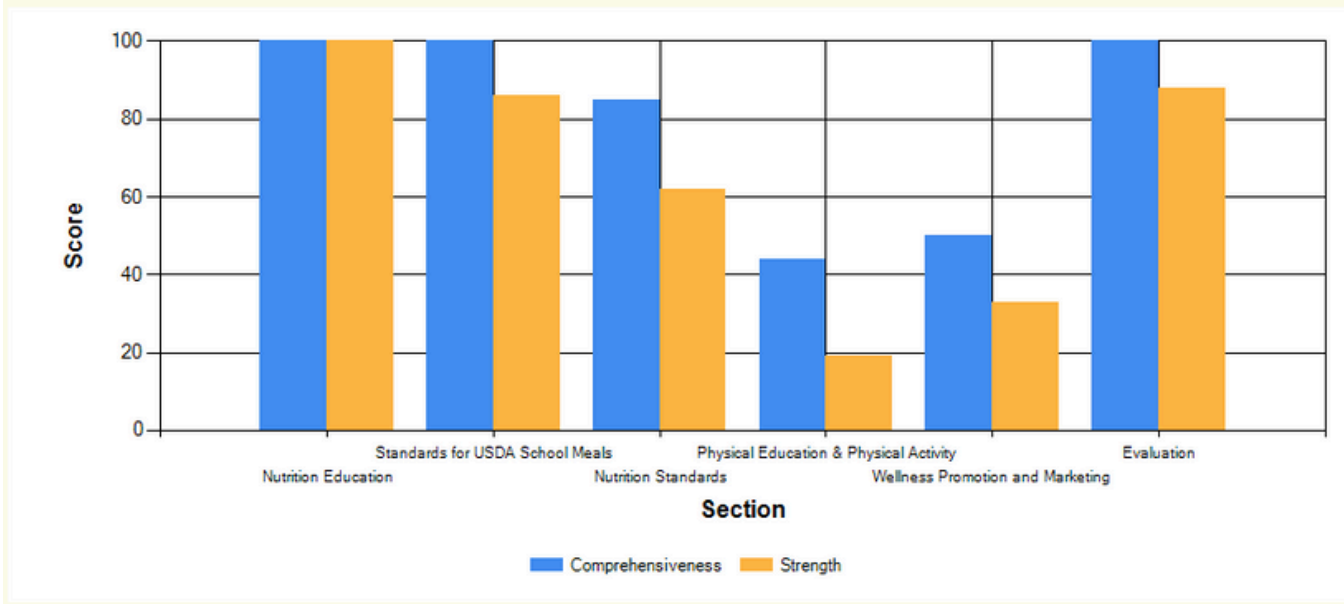


Triennial Assessment

The U.S. Department of Agriculture’s (USDA) Final Rule: Local School Wellness Policy Implementation Under the HHFKA of 2010 requires that each local educational agency (LEA participating in the National School Lunch Program (NSLP) and School Breakfast Program (SBP) must complete an assessment of their local school wellness policy (LSWP) at least once every three years.

District Policy Scoring

Policy Name: Wayne County Board of Education



Section	Comprehensive Score	Strength Score
Nutrition Education	100	100
Standards for USDA Child Nutrition Programs	100	86
Nutrition Standards for Competitive and Other Foods & Beverages	85	62
Physical Education and Physical Activity	44	19
Wellness Promotion and Marketing	100	88

Area of Need

- Specify strategies to increase participation in school meal programs*
- Food and beverages containing caffeine at the high school level*
- Regulate food and beverages served at class parties and other school celebrations in elementary schools
- Nutrition standards for all food and beverages **served** to students after the school day, including before/ after care on school grounds, clubs, and after school programming*
- Nutrition standards for all foods and beverages **sold** to student after the school day, including before/ after care on school grounds, clubs, and after school programming
- Food being used as a reward
- Time per week of physical education instruction for all students*
- Qualifications for physical education teachers for grades K-12*

- Providing physical education training for physical education teachers*
- Physical education substitutions and exemption for all students*
- Physical activity breaks during school*
- Joint or shared agreements for physical activity participation at all schools
- Active transport (safe routes to school) for all k-12 who live within walkable/bikeable distance*
- Physical Activity as a reward
- Specifies marketing to promote food and beverages choices*
- Marketing on during school hours, school grounds, equipment (signs, scoreboards, and sport equipment), and educational materials*
- Marketing where food is purchased, school publications, media, fundraisers, and corporate -incentive programs*
- Establishment of an ongoing school building level wellness committee*

*Policy has been updated to reflect area of need

Healthy School Assessment Report Wayne County

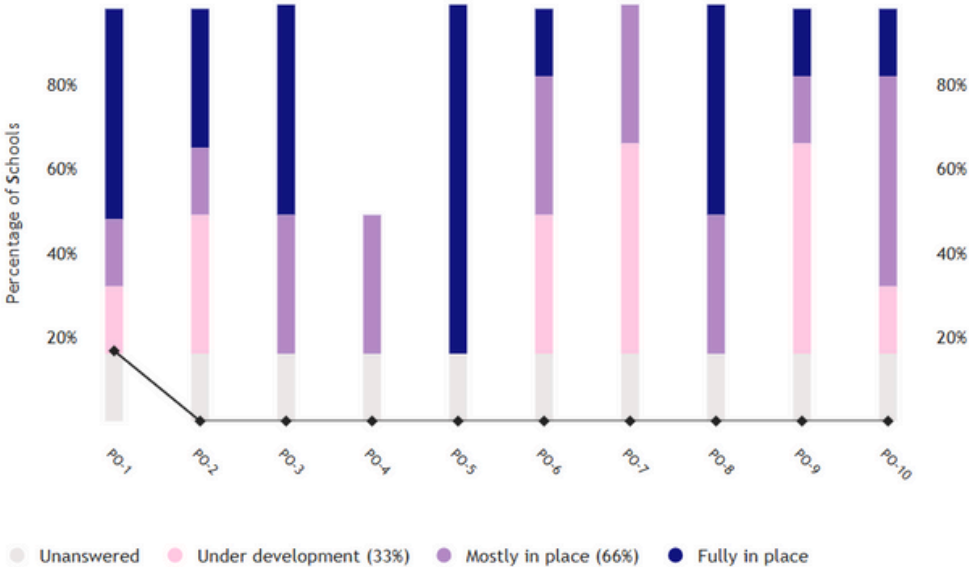


Schools Reporting 5

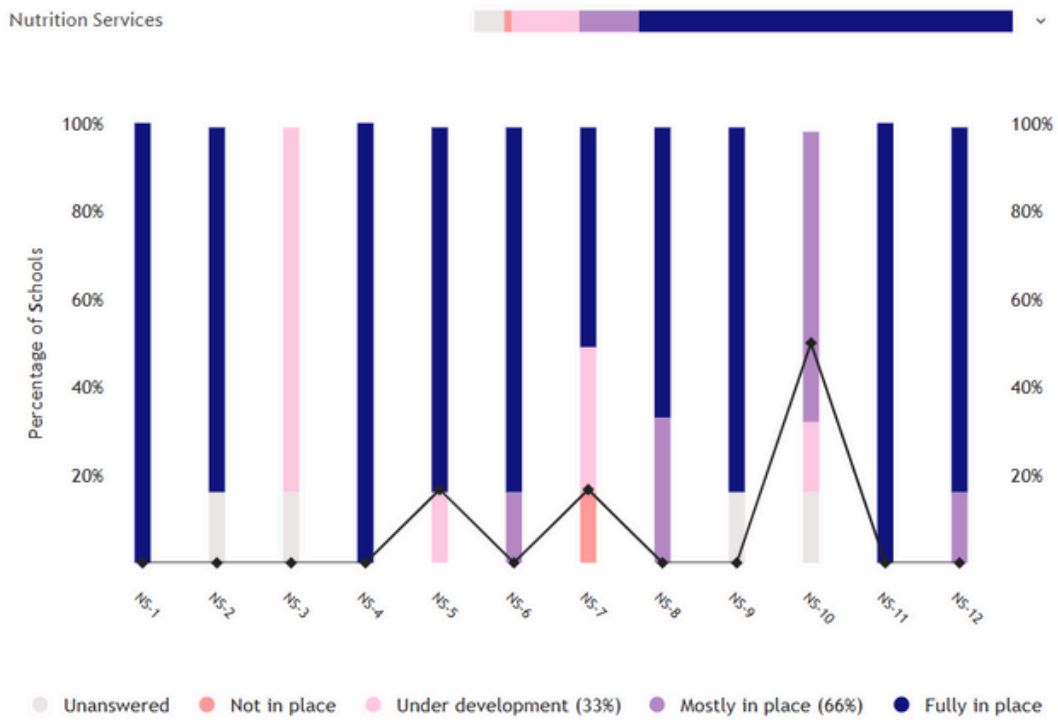
School assessment is done annually to help support districts and schools in identifying strengths and opportunities for improvement regarding policies and practices that promote student achievement and the well-being of students, staff, and teachers. There are 6 areas in which the questions are based:

- Policy and Environment
- Nutrition Services
- Smart Snacks
- Health and Physical Education
- Physical Activity
- Employee Wellness

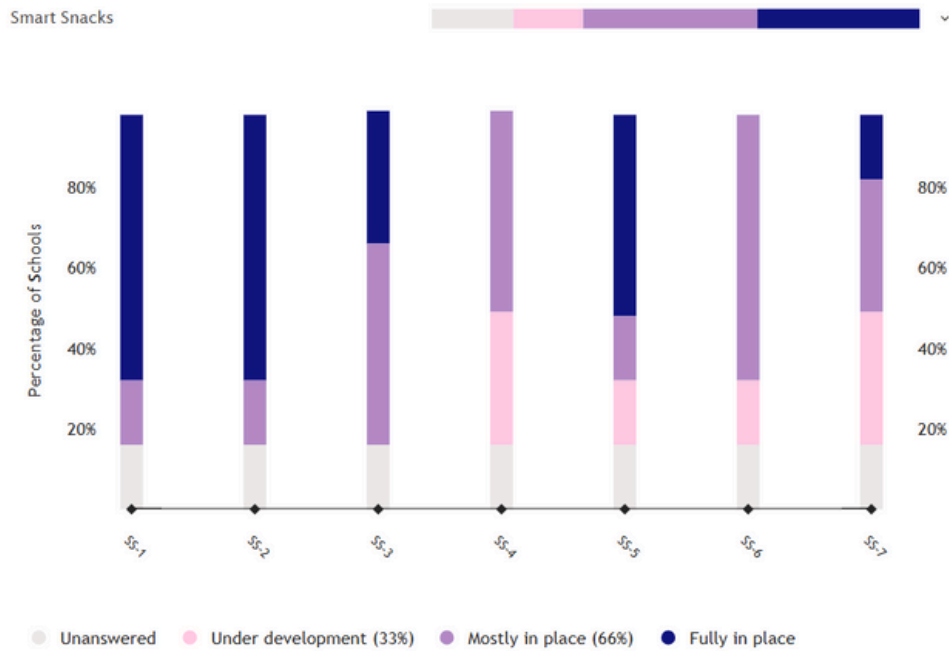
Policy & Environment



Nutrition Services

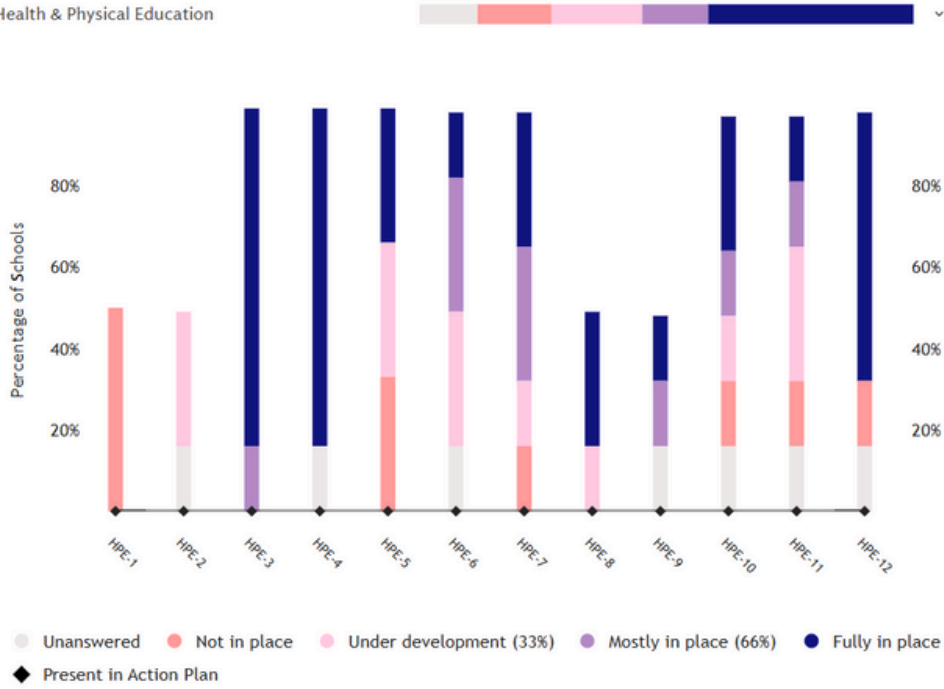


Smart Snacks



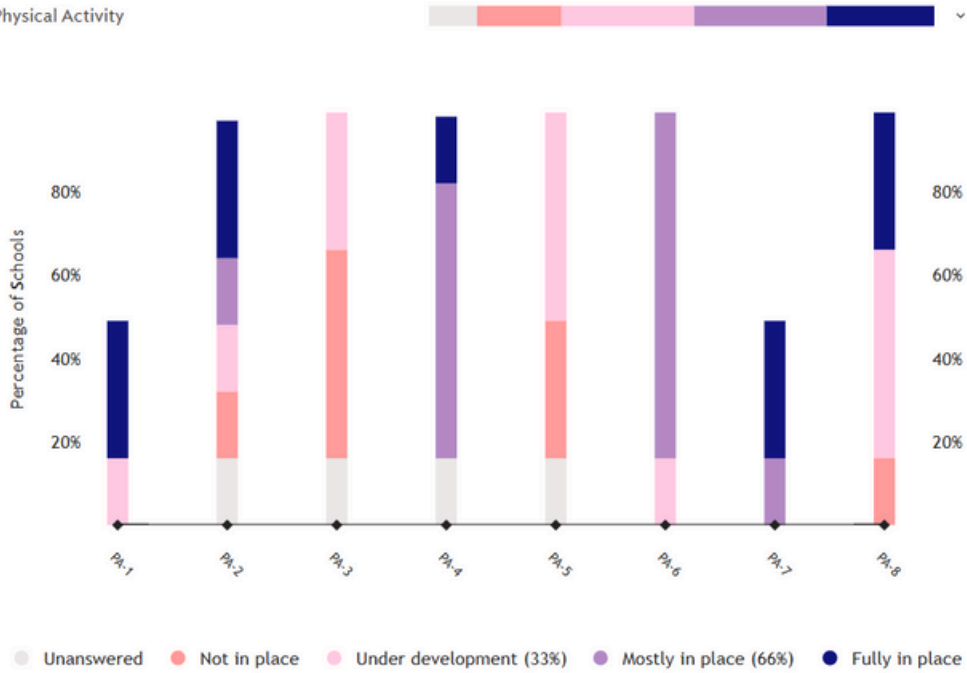
Health & Physical Education

Health & Physical Education

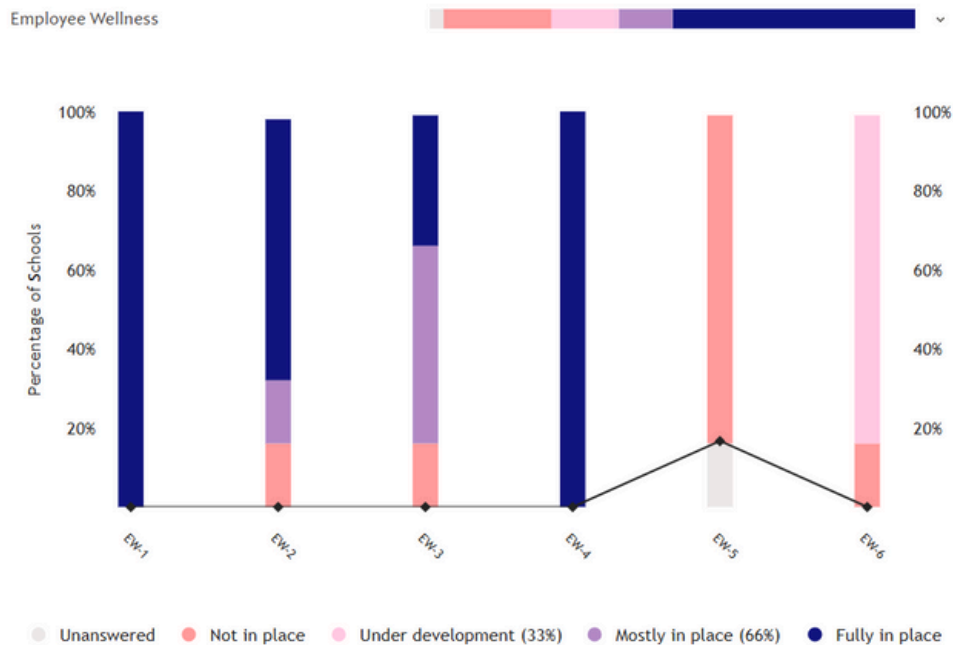


Physical Activity

Physical Activity



Employee Wellness



RECOMMENDED ACTION PLAN ITEMS

- Providing education and resources to parents on parenting strategies
- Provide a list of opportunities for staff to help with stress management, and mental health
- Promote and encourage employee wellness
- All food/beverage sold or offered during and after the school day meet the USDA's Smart Snack in School nutrition standards
- Marketing healthy food and beverage choices
- Provide professional development activities for Physical Education.
- Provide professional development on classroom rewards and punishment.

To find the full reports visit:
www.wayne.kyschools.us/departments/food-service

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Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (833) 256-1665 or (202) 690-7442; or

(3) email: program.intake@usda.gov.

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